

## [Australian Researcher Compares Violent Media Consumption to Greasy Burgers](#)

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In an obvious bid to promote the new book he co-authored with Danya Braunstein, "[Growing Up Fast And Furious: Reviewing The Impacts Of Violent And Sexualised Media On Children](#)," Macquarie University Children and Families Research Centre (in Sydney, Australia) deputy director Dr. Wayne Warburton tells Adelaide Now that years of research from every corner of the globe show a definitive link between time watching violent media and the "likelihood" of aggressive behavior in kids.

"There are some key impacts of violent media on children that are very well demonstrated in research," Dr. Warburton said. "They include increases in the likelihood of aggressive behaviour, increases in desensitisation to violence and an increase in the overall view that the world is more scary and hostile than it really is."

Dr. Warburton added that MRI brain scans of children exposed to "dramatized violence" showed similar reactions to those who have seen real violence.

"The brain isn't very good at differentiating between media and real-life situations, so we find very similar effects across all the main media - television, movies, video games and music."

Citing a recent study (you know, the one where children are aggressive 15 minutes after playing a violent video game), Warburton compared the short-term residual effects of playing a violent video game to eating food that isn't good for you."

"Over the long term it's just like eating fatty food - one hamburger won't kill you but there is a cumulative effect," he said.

You can learn more about his book [here](#). It also features contributions (essays) from some pretty familiar names in the video games/violent media research circle including John Murray, Craig Anderson, Ed Donnerstein, Louise Newman, Cordelia Fine, Emma Rush, Elizabeth Handsley, Danya Braunstein, Alan Hayes, and many others.

And if you want more sensationalist coverage on Dr. Warburton's new book, check out this [Fox News report](#).